

TEAMS PER DIVISIONS

DIVISION

AGE GROUP

NO OF TEAMS

U6 COED- 4

U8 COED - 4

U10 COED- 4

U12/14 COED- 4

PART A: AGE DIVISION SPECIFIC REGULATIONS AND RULES

COED U6

PLAYERS ON FIELD: 7v7 players on field, no goalkeepers.

PLAYING TIME: 4 – 8 minute quarters with a 1 min break between quarters and a 5 min halftime

BALL SIZE: Size 4

SUBSTITUTION: Unlimited

OFF-SIDES: None

PENALTY KICKS: None

DIRECT KICKS: None

THROW INS: Allow the player unlimited tries to throw in the ball correctly. **COACHES CAN BE ON FIELD INSTRUCTING**

COED U8

PLAYERS ON FIELD: 9 v 9 players on field including goalkeepers **PLAYING TIME: 2 – 20 minute halves, 10 min. halftime**

BALL SIZE: Size 4

SUBSTITUTION: Unlimited

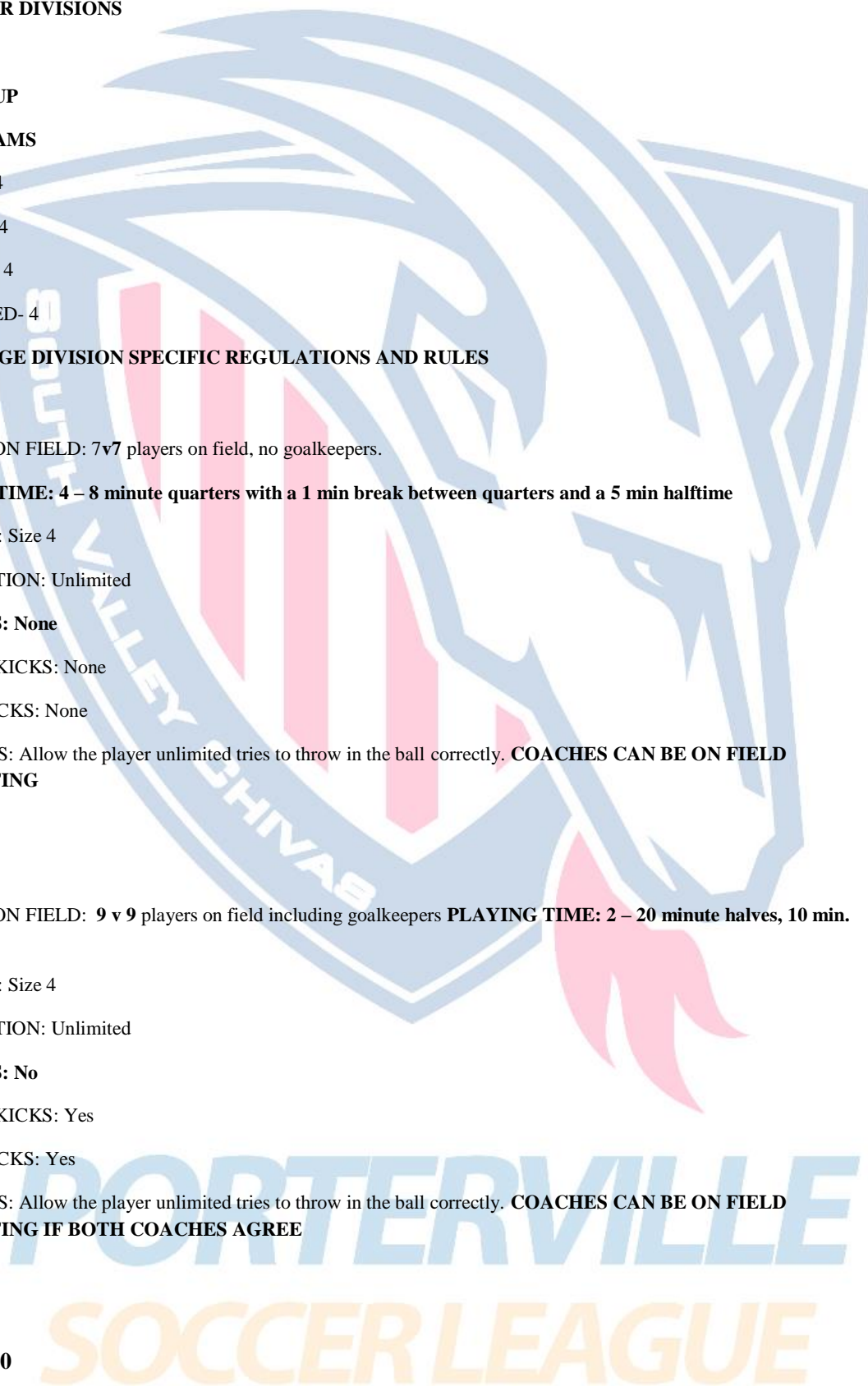
OFF-SIDES: No

PENALTY KICKS: Yes

DIRECT KICKS: Yes

THROW INS: Allow the player unlimited tries to throw in the ball correctly. **COACHES CAN BE ON FIELD INSTRUCTING IF BOTH COACHES AGREE**

COED U10



PLAYERS ON FIELD: **9 v 9** players including goalkeeper. **PLAYING TIME: 2 – 25 minute halves, 10 min. halftime**

BALL SIZE: Size 4

SUBSTITUTION: Unlimited

OFF-SIDES: Yes

PENALTY KICKS: Yes

DIRECT KICKS: Yes

THROW INS: Allow the player two tries after second miss throw the ball is given to opposing team.

COED U12/14

PLAYERS ON FIELD: **11 v 11** players including goalkeeper.

PLAYING TIME: 2– 30 minute halves, 10 min halftime.

BALL SIZE: Size 5

SUBSTITUTION: Unlimited

OFF-SIDES: Yes

PENALTY KICKS: Yes

DIRECT KICKS: Yes

THROW INS: Missed throw ball is given to opposing team.



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