

## **TEAMS PER DIVISIONS**

### **DIVISION**

### **AGE GROUP**

### **NO OF TEAMS**

U6 COED -4

U8 COED-4

U10 COED-4

U14 COED-4

## **PART A: AGE DIVISION SPECIFIC REGULATIONS AND RULES**

### **COED U6**

PLAYERS ON FIELD: **7v7** players on field, no goalkeepers.

**PLAYING TIME: 4 – 8 minute quarters with a 1 min break between quarters and a 5 min halftime**

BALL SIZE: Size 4

SUBSTITUTION: Unlimited

**OFF-SIDES: None**

PENALTY KICKS: None

DIRECT KICKS: None

THROW INS: Allow the player unlimited tries to throw in the ball correctly.

**COACHES CAN BE ON FIELD INSTRUCTING**

### **COED U8**

PLAYERS ON FIELD: **8 v 8** players on field including goalkeepers **PLAYING TIME: 2 – 20 minute halves, 10 min. halftime**

BALL SIZE: Size 4

SUBSTITUTION: Unlimited

**OFF-SIDES: No**

PENALTY KICKS: Yes

DIRECT KICKS: Yes

THROW INS: Allow the player unlimited tries to throw in the ball correctly.

**COACHES CAN BE ON FIELD INSTRUCTING IF BOTH COACHES AGREE**

### **COED U10**

PLAYERS ON FIELD: **9v9** players including goalkeeper. **PLAYING TIME: 2 – 25 minute halves, 10 min. halftime**

BALL SIZE: Size 4

SUBSTITUTION: Unlimited

**OFF-SIDES: Yes**

PENALTY KICKS: Yes

DIRECT KICKS: Yes

THROW INS: Allow the player two tries after second miss throw the ball is given to opposing team.

### **COED U14**

PLAYERS ON FIELD: **8 v 8** players including goalkeeper.

**PLAYING TIME: 2- 30 minute halves, 10 min halftime.**

BALL SIZE: Size 5

SUBSTITUTION: Unlimited

**OFF-SIDES: Yes**

PENALTY KICKS: Yes

DIRECT KICKS: Yes

THROW INS: Missed throw ball is given to opposing team.